

2008 Dewey Beach Triathlon

Overall Women

Delaware Seashore State Park - Dewey Beach, DE 9/13/2008 08:30AM

** Results are for the private use of participants and are the Intellectual Property of Set Up Events. Unauthorized use of these results is prohibited.

Place	Bib	Age	Co	NAME	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	TIME	DQ
1	860	35	NF	KATHRYN SCHNEIDER	ALEXANDRIA VA				226	00:28:34	00:02:00	283	00:39:29		00:58:21	
2	122	34		MELISSA TALLENT	ALEXANDRIA VA	10	00:14:32	00:00:52	1	00:20:27	00:01:23	7	00:25:23		01:02:35	
3	546	27		MARGARET JONES	NEW ORLEANS LA	5	00:13:57	00:01:17	28	00:23:04	00:00:39	4	00:25:05		01:04:00	
4	477	28		ROBIN HERSH	ARLINGTON VA	32	00:16:28	00:01:56	3	00:21:03	00:01:30	6	00:25:10		01:06:05	
5	861	29		NICOLE SCHRADER	BALTIMORE MD	4	00:13:55	00:02:25	25	00:22:44	00:01:14	12	00:25:57		01:06:13	
6	114	29		KATHRYN SMITH	ROYERSFORD PA	3	00:13:52	00:01:23	9	00:21:57	00:01:34	29	00:27:32		01:06:17	
7	844	15		DREW NAOMI SANCLEMENTE	MIDDLETOWN DE	20	00:15:41	00:01:19	14	00:22:13	00:00:46	15	00:26:29		01:06:26	
8	83	25		HEATHER NEES	LEWES DE	17	00:15:30	00:01:21	13	00:22:13	00:01:02	16	00:26:42		01:06:45	
9	876	41		PHILIPPA SHIELS	EDGEWATER MD	24	00:15:55	00:02:08	5	00:21:29	00:01:06	14	00:26:25		01:07:01	
10	256	48		JULIE CAPRIO	BALTIMORE MD	29	00:16:20	00:01:27	2	00:20:50	00:01:17	26	00:27:20		01:07:12	
11	19	47		MARGARET COLVIN	REHOBOTH BEACH DE	58	00:17:27	00:01:11	39	00:23:32	00:01:33	2	00:24:36		01:08:17	
12	129	26		KATE WEILER	NEWARK, DE DE	34	00:16:33	00:01:01	8	00:21:44	00:01:20	35	00:27:51		01:08:28	
13	1091	45		TINA NIGH-JOHNSON	LEWES DE	28	00:16:15	00:01:45	15	00:22:21	00:01:04	31	00:27:35		01:08:58	
14	162	31		DANIELLE ARIANO	LUTHERVILLE MD	127	00:19:23	00:01:21	16	00:22:24	00:00:57	13	00:26:03		01:10:06	
15	435	29		ERIN GOUTY	BALTIMORE MD										01:10:17	
16	110	47		THERESA SHANK	WAYNESBSORO PA	124	00:19:19	00:01:38	12	00:22:13	00:01:44	8	00:25:28		01:10:19	
17	49	35		DOLLY GUERRA	WASHINGTON DC	57	00:17:24	00:01:39	21	00:22:36	00:01:26	25	00:27:15		01:10:20	
18	5	41		PAIGE BAUMAN	ANNAPOLIS MD										01:10:21	
19	674	24		JOANNA MEADE	BALTIMORE MD	25	00:16:04	00:01:52	66	00:24:17	00:01:00	24	00:27:11		01:10:22	
20	62	26		JENNIFER KING	WYNNEWOOD PA	64	00:17:37	00:02:04	23	00:22:41	00:01:18	20	00:26:49		01:10:27	
21	744	23		CHRISTINA NUTTING	LUTHERVILLE MD	15	00:15:27	00:01:52	22	00:22:38	00:01:34	62	00:29:07		01:10:37	
22	683	26		COURTNEY MERSHON	BALTIMORE MD	6	00:14:03	00:02:41	18	00:22:33	00:01:31	84	00:30:04		01:10:50	

23	999	29		EMILY WEINTRAUB	PHILADELPHIA PA	9	00:14:22	00:02:54	41	00:23:39	00:01:07	56	00:28:52	01:10:52
24	473	24	NF	ELIZABETH HENNINGER	NEWARK DE	23	00:15:54	00:02:35	131	00:26:06	00:00:57	9	00:25:38	01:11:07
25	47	38		JEN GRANT	WASHINGTON DC	22	00:15:50	00:01:50	35	00:23:16	00:01:22	61	00:29:07	01:11:22
26	34	34		JACQUELINE FEINBERG	KENNETT SQUARE PA	53	00:17:13	00:01:02	26	00:22:46	00:01:37	54	00:28:49	01:11:24
27	74	27		SARAH MARGESON	BALTIMORE MD	47	00:17:06	00:01:11	7	00:21:40	00:01:30	93	00:30:30	01:11:57
28	555	28		KRISTEN KALYMON	BALTIMORE MD	11	00:14:57	00:02:13	31	00:23:08	00:01:28	92	00:30:27	01:12:11
29	569	32		ERIN KILLOUGH	BALTIMORE MD	117	00:19:10	00:02:09	20	00:22:35	00:01:12	27	00:27:24	01:12:29
30	790	46	NF	JEANNE PRINS	FREDERICK MD	77	00:18:16	00:02:38	74	00:24:34	00:01:09	18	00:26:46	01:13:21
31	931	32	NF	CANDY STREFF	REHOBOTH BEACH DE	128	00:19:24	00:01:59	33	00:23:13	00:01:03	36	00:27:51	01:13:27
32	1014	44		MARTHA WILSON	ANDOVER MA	96	00:18:44	00:03:13	48	00:23:49	00:00:52	22	00:26:54	01:13:30
33	95	37		JULIE PETROUSKY	LAYTONSVILLE MD	14	00:15:22	00:01:32	83	00:24:46	00:01:54	81	00:30:00	01:13:33
34	32	42		MARY BETH EVANS	REHOBOTH DE	119	00:19:15	00:01:09	64	00:24:11	00:01:21	33	00:27:43	01:13:37
35	394	36		CHRISTINE FICHTNER	EDGEWATER MD	67	00:17:40	00:01:33	76	00:24:35	00:01:38	43	00:28:18	01:13:43
36	692	30		GENEVIEVE MILLER	BALTIMORE MD	210	00:21:12	00:02:20	62	00:24:07	00:01:12	3	00:24:56	01:13:44
37	916	39		CHRISTINA STAFFORD	ARLINGTON VA	44	00:16:56	00:02:14	107	00:25:31	00:00:58	42	00:28:14	01:13:50
38	655	43	NF	SHARON MCCORMICK	WILMINGTON DE	102	00:18:49	00:03:29	128	00:25:59	00:01:01	5	00:25:09	01:14:26
39	1008	24	NF	BETH WILLIAMS	CHURCHTON MD	33	00:16:32	00:03:14	81	00:24:46	00:01:05	59	00:29:02	01:14:36
40	300	31		DENISE COSTA	ARLINGTON VA	107	00:18:58	00:03:14	6	00:21:39	00:02:26	48	00:28:34	01:14:50
41	854	58		DANA SCHEURER	RESTON VA	114	00:19:07	00:03:49	10	00:22:01	00:01:37	47	00:28:29	01:15:01
42	802	27	NF	ANNE MARIE REGAN	COLUMBIA SC	36	00:16:37	00:03:09	46	00:23:46	00:01:33	83	00:30:03	01:15:06
43	160	28		ALICEA ARDITO	ARLINGTON VA	123	00:19:18	00:01:32	56	00:23:58	00:01:34	52	00:28:47	01:15:07
44	260	36		SUSAN CARROLL	MIDDLETOWN DE	184	00:20:24	00:01:18	4	00:21:26	00:01:13	108	00:31:05	01:15:23
45	213	32		KAREN BOULDIN	MIDDLETOWN DE	30	00:16:20	00:02:16	162	00:26:43	00:01:09	57	00:28:58	01:15:25
46	600	29	NF	BRIGHTON LAZNOVSKY	EASTON MD	38	00:16:40	00:01:50	98	00:25:16	00:01:01	100	00:30:44	01:15:29
47	376	26	NF	KARIN EDDY	PASADENA MD	48	00:17:07	00:01:46	155	00:26:38	00:00:59	66	00:29:13	01:15:41
48	511	27		HEIDI HUKÉ	ROCKVILLE MD	55	00:17:19	00:02:03	110	00:25:40	00:01:04	75	00:29:50	01:15:54
49	985	23		MEGAN VITEK	BROOKLAND DC	84	00:18:28	00:03:18	43	00:23:41	00:01:31	63	00:29:08	01:16:03
50	199	31	NF	ELLEN BITLER	MIDDLETOWN DE	147	00:19:42	00:01:44	105	00:25:19	00:00:53	53	00:28:48	01:16:25
51	107	41		JENNIFER SCHWALM	MECHANICSBURG PA	87	00:18:34	00:01:52	30	00:23:06	00:01:10	127	00:31:49	01:16:29
52	223	48		GAYLE BREMER	SEVERNA PARK MD	61	00:17:31	00:01:10	90	00:25:03	00:01:38	112	00:31:12	01:16:33
53	959	26		LAURA TRAGERT	GORDONSVILLE VA	26	00:16:06	00:02:23	104	00:25:19	00:01:28	119	00:31:23	01:16:36

54	521	25		ASHLEY HUSICH	BALTIMORE MD	7	00:14:11	00:03:42	111	00:25:40	00:01:09	130	00:31:57	01:16:37
55	776	26	NF	ALISON PETERS	BALTIMORE MD	18	00:15:31	00:02:50	185	00:27:22	00:01:47	67	00:29:15	01:16:43
56	285	45		CATHERINE M. CONGER	WASHINGTON DC	192	00:20:42	00:01:54	38	00:23:29	00:02:11	46	00:28:29	01:16:43
57	716	43		THERESA MYERS	CATONSVILLE MD	239	00:22:03	00:03:20	354	00:48:05	00:02:12	1	00:01:24	01:17:01
58	917	40		MACKY STAFFORD	BALTIMORE MD	111	00:19:04	00:03:22	36	00:23:17	00:02:37	50	00:28:43	01:17:01
59	152	22	NF	ASHLEY AMARAL	CUMBERLAND RI	142	00:19:37	00:02:02	192	00:27:30	00:01:07	21	00:26:51	01:17:05
60	201	38		KIMBERLY BLANCH	REHOBOTH BEACH DE	45	00:16:56	00:03:32	57	00:24:00	00:01:08	123	00:31:36	01:17:10
61	259	43	NF	MARY-LYNN CARRAWAY	GAINESVILLE VA	197	00:20:50	00:25:00				76	00:29:50	01:17:12
62	524	38		EVELYN IBARRA	SANTA BARBARA CA	27	00:16:09	00:03:38	222	00:28:29	00:01:32	28	00:27:31	01:17:18
63	656	32		MEGAN MCCRAY	BALTIMORE MD	183	00:20:24	00:02:15	50	00:23:53	00:01:07	77	00:29:51	01:17:28
64	48	42		AMY GRAZIANO	EDGEWATER MD	56	00:17:23	00:01:21	85	00:24:53	00:01:58	137	00:32:04	01:17:37
65	398	40		SUZIE FISCH	TOWSON MD	2	00:13:51	00:01:54	65	00:24:12	00:02:02	227	00:35:52	01:17:50
66	67	37		AMY LINZEY	OCEAN VIEW DE	181	00:20:22	00:01:22	47	00:23:49	00:01:49	97	00:30:34	01:17:54
67	167	46		ELIZABETH AZRAEL	BALTIMORE MD	225	00:21:47	00:02:11	77	00:24:38	00:02:04	30	00:27:34	01:18:11
68	219	35		REBECCA BRADFORD	FALLS CHURCH VA	232	00:21:56	00:02:26	92	00:25:05	00:01:00	37	00:27:57	01:18:21
69	112	34	NF	LUDMILA SILVA	POTOMAC MD	72	00:18:07	00:01:43	123	00:25:53	00:01:26	113	00:31:15	01:18:23
70	709	39	NF	KAREN MORRIS	ANNAPOLIS MD	161	00:19:58	00:01:33	49	00:23:52	00:01:00	133	00:32:02	01:18:23
71	892	44		CAROL ANN SMALLWOOD	ARLINGTON VA	80	00:18:20	00:04:04	150	00:26:26	00:01:31	39	00:28:07	01:18:26
72	612	30		KIMBERLY LEVINSON	BALTIMORE MD	180	00:20:18	00:03:09	40	00:23:35	00:02:01	69	00:29:25	01:18:27
73	977	27		JILL VANDERVORT	ARLINGTON VA	13	00:15:22	00:03:14	119	00:25:45	00:02:06	136	00:32:04	01:18:28
74	194	34	NF	LISA BERNSTEIN	BETHESDA MD	132	00:19:30	00:05:32	101	00:25:18	00:01:22	19	00:26:49	01:18:29
75	792	18		KELLY PROTZKO	ESSEX MD	70	00:17:57	00:02:38	60	00:24:06	00:01:47	138	00:32:12	01:18:38
76	883	30	NF	LARA SIEJA	ARLINGTON VA	109	00:19:00	00:02:56	29	00:23:04	00:01:09	145	00:32:31	01:18:38
77	13	35		STEPHANIE BURLACE	EDGEWATER MD	186	00:20:27	00:01:39	100	00:25:16	00:01:38	78	00:29:54	01:18:52
78	984	47		MARIE VISVIKIS	ESSEX MD	205	00:21:02	00:04:06	11	00:22:11	00:02:10	72	00:29:30	01:18:58
79	579	25	NF	EMILY KNAPP	BALTIMORE MD	198	00:20:53	00:03:30	126	00:25:58	00:02:55	11	00:25:51	01:19:05
80	928	31	NF	BRIDGET STOKES	CLARKSBURG MD	144	00:19:39	00:04:37	154	00:26:38	00:02:26	10	00:25:48	01:19:06
81	380	32		SUSAN ELLSWORTH	ABINGDON MD	92	00:18:39	00:02:57	122	00:25:53	00:01:56	73	00:29:49	01:19:13
82	719	42		SANDRA NARDI	DAMASCUS MD	89	00:18:37	00:02:29	37	00:23:19	00:01:02	179	00:33:48	01:19:14
83	96	30		DEBORA PFAFF	BURKE VA	41	00:16:47	00:02:28	79	00:24:42	00:02:01	168	00:33:20	01:19:16
84	45	54		JUSTINE GOODMAN	RESTON VA	146	00:19:42	00:02:10	63	00:24:08	00:02:06	114	00:31:16	01:19:19

85	125	34		ANN TOOHEY	ALEXANDRIA VA	130	00:19:26	00:01:57	45	00:23:46	00:01:17	160	00:32:57	01:19:21
86	673	43		LYNNE MCTAGUE	WEST HARRISON NY	78	00:18:16	00:02:43	188	00:27:28	00:00:56	82	00:30:01	01:19:22
87	462	27		BECKY HARTMAN	PARKVILLE MD	177	00:20:15	00:02:11	19	00:22:34	00:01:39	151	00:32:48	01:19:25
88	678	46	NF	TRACY MEILE	SILVER SPRING MD	139	00:19:37	00:02:21	87	00:24:58	00:01:54	104	00:30:54	01:19:42
89	908	27		GENEVIEVE SOARES	PLAINSBORO NJ	167	00:20:03	00:03:23	84	00:24:47	00:01:12	94	00:30:31	01:19:53
90	718	29		JODI NAASZ	BALTIMORE MD	230	00:21:53	00:03:28	95	00:25:13	00:01:50	34	00:27:45	01:20:07
91	453	25		KRISTEN HAGGERTY	BETHESDA MD			00:33:54	103	00:25:19	00:01:50	55	00:28:51	01:20:08
92	551	26	NF	NICOLE JULIANO	FOLSOM PA	176	00:20:15	00:03:24	227	00:28:36	00:01:09	17	00:26:46	01:20:08
93	466	30		MOLLY HAUCK	ANNAPOLIS MD	75	00:18:14	00:02:44	147	00:26:23	00:01:19	122	00:31:33	01:20:11
94	885	38		MEREDITH SIMMONS	LEWES DE	286	00:23:43	00:03:02	44	00:23:42	00:02:14	32	00:27:37	01:20:16
95	558	39	NF	AMY KARDASH	WILMINGTON DE	159	00:19:58	00:02:53	68	00:24:27	00:01:42	116	00:31:18	01:20:17
96	929	33		LANOLA KATHLEE STONE	NEW YORK NY				34	00:23:15	00:01:24	171	00:33:25	01:20:19
97	81	34		JOANNE MULLEN	BOOTHWYN PA	43	00:16:51	00:02:55	141	00:26:18	00:01:04	167	00:33:14	01:20:21
98	950	36	NF	ANNACHERIE THOMPSON	COLLEGE PARK MD	37	00:16:40	00:03:32	70	00:24:29	00:01:43	185	00:34:13	01:20:34
99	61	38		ALISA KEY	ARLINGTON VA	244	00:22:19	00:01:56	132	00:26:06	00:01:17	58	00:29:01	01:20:37
100	178	37		LILI BAROUCH	ELLCOTT CITY MD	266	00:23:03	00:02:55	53	00:23:56	00:02:11	49	00:28:37	01:20:41
101	415	29	NF	CHRISTIANNA FRY	SALISBURY MD	150	00:19:45	00:02:37	139	00:26:15	00:01:04	109	00:31:06	01:20:46
102	596	25	NF	KATHLEEN LANDY	WASHINGTON DC DC			00:57:03	204	00:27:56	00:01:09	44	00:28:24	01:20:48
103	489	28	NF	MAUREEN HOBAN	SCRANTON PA	141	00:19:37	00:04:37	102	00:25:18	00:01:06	91	00:30:17	01:20:54
104	682	23		HAYLEY MERSHON	TOWSON MD	50	00:17:10	00:02:57	241	00:28:53	00:01:09	105	00:30:55	01:21:02
105	63	47		CHRISTINE KLEIN	ARLINGTON VA	187	00:20:36	00:01:47	61	00:24:07	00:02:05	147	00:32:33	01:21:06
106	760	42		MARY KAY PALMER	ARLINGTON VA	131	00:19:30	00:02:55	151	00:26:30	00:00:58	117	00:31:20	01:21:11
107	831	24	NF	KELLY ROWAN	CLIFTON HEIGHTS PA	16	00:15:29	00:05:14	270	00:29:58	00:01:22	68	00:29:22	01:21:23
108	499	34	NF	KRISTEN HOSTLER	FREDERICK MD	191	00:20:42	00:03:22	163	00:26:43	00:01:54	51	00:28:44	01:21:23
109	593	30		CHRISTINE LAING	WASHINGTON DC	243	00:22:18	00:02:17	55	00:23:57	00:03:24	71	00:29:29	01:21:24
110	41	29	NF	RENEE GODINEZ	JESSUP MD	63	00:17:35	00:02:39	219	00:28:21	00:02:06	102	00:30:47	01:21:27
111	755	30	NF	DENISE OWEN	ALEXANDRIA VA	154	00:19:49	00:03:33	137	00:26:14	00:01:15	101	00:30:46	01:21:35
112	926	45	NF	PATRICIA STEVENSON	ANNAPOLIS MD	120	00:19:15	00:03:49	164	00:26:45	00:01:23	98	00:30:37	01:21:46
113	482	53	NF	DORIS HICKS	REHOBOTH BEACH DE	255	00:22:44	00:02:51	52	00:23:56	00:01:59	95	00:30:32	01:22:00
114	412	41		JEN FRITSCH	TOWSON MD	284	00:23:40	00:03:01	112	00:25:41	00:01:31	40	00:28:11	01:22:02
115	898	37		JAMIE SMITH	BALTIMORE MD	283	00:23:36	00:03:07	97	00:25:16	00:01:53	41	00:28:12	01:22:02

116	626	34	NF	LAURA LOPEZ	FREDERICK MD	88	00:18:37	00:03:49	170	00:27:01	00:01:36	111	00:31:08	01:22:08
117	872	33	NF	AMY SERRIDGE	WASHINGTON DC	125	00:19:19	00:04:09	58	00:24:01	00:02:43	132	00:32:02	01:22:12
118	942	45		JACKI SZIMANSKI	BALTIMORE MD	97	00:18:45	00:04:44	160	00:26:42	00:01:51	90	00:30:17	01:22:17
119	414	27		ELIZABETH FRUZYNSKI	WASHINGTON DC	99	00:18:45	00:03:02	142	00:26:19	00:01:21	156	00:32:54	01:22:19
120	480	41		KIMBERLY HESSONG	FREDERICK MD	103	00:18:52	00:05:27	106	00:25:20	00:02:46	80	00:30:00	01:22:24
121	290	26	NF	KATRINA CONTRERAS	BALTIMORE MD	260	00:22:54	00:02:09	179	00:27:14	00:01:45	45	00:28:26	01:22:27
122	491	26		CLAIRE HOECKEL	BALTIMORE MD	122	00:19:18	00:02:53	187	00:27:28	00:01:25	120	00:31:26	01:22:27
123	239	26	NF	AMY BULLINGER	BALTIMORE MD	85	00:18:29	00:03:27	207	00:27:58	00:01:32	110	00:31:07	01:22:32
124	832	25		HEATHER RUANE	ELDERSBURG MD	82	00:18:22	00:02:03	120	00:25:45	00:00:55	218	00:35:28	01:22:32
125	338	34		MELISSA DETHLEFSEN	BEL AIR MD	270	00:23:10	00:02:31	78	00:24:39	00:01:08	118	00:31:21	01:22:47
126	373	25	NF	GRACE EASBY-SMITH	KENSINGTON MD	35	00:16:37	00:02:59	249	00:29:04	00:00:53	169	00:33:23	01:22:54
127	493	30	NF	CATHERINE HOLLAND	WILMINGTON DE	8	00:14:20	00:02:50	237	00:28:45	00:01:21	225	00:35:41	01:22:56
128	888	36		MARY SIRICO	BALTIMORE MD	93	00:18:39	00:03:56	42	00:23:40	00:03:17	172	00:33:27	01:22:58
129	340	49	A	PATTY DEVANNY	BALTIMORE MD	51	00:17:10	00:02:05	113	00:25:41	00:01:23	247	00:36:46	01:23:03
130	70	43		KATIE MACFARLANE	WASHINGTON DC	171	00:20:10	00:02:44	27	00:22:59	00:02:00	219	00:35:29	01:23:20
131	506	24		LAUREN HUBER	MCLEAN VA	39	00:16:41	00:03:57	168	00:27:00	00:01:25	191	00:34:21	01:23:22
132	731	36		CHRISTINE NEW	PHOENIX MD	200	00:20:58					23	00:27:07	01:23:23
133	813	28		JENNIFER RIEGEL	WASHINGTON DC	60	00:17:29	00:02:45	130	00:26:00	00:01:15	235	00:36:14	01:23:42
134	904	31		STACEY SMITH	ANNAPOLIS MD	279	00:23:21	00:02:24	69	00:24:27	00:01:31	135	00:32:03	01:23:45
135	204	25	NF	LIBBY BOLYARD	ARLINGTON VA	203	00:21:00	00:03:39	166	00:26:53	00:02:05	89	00:30:14	01:23:48
136	361	25		SOPHIE DRESS	ELLCOTT CITY MD	52	00:17:11	00:02:26	201	00:27:52	00:01:29	202	00:34:52	01:23:49
137	406	32	NF	ANDREA FORTE	REHOBOTH BEACH DE	189	00:20:38	00:03:48	178	00:27:11	00:00:58	115	00:31:17	01:23:51
138	809	35		TRACY RICKER	BETHESDA MD	211	00:21:15	00:04:53	125	00:25:58	00:02:48	64	00:29:09	01:24:01
139	613	30	NF	ALAINA LIBERTO	BALTIMORE MD	116	00:19:10	00:03:45	144	00:26:20	00:01:54	159	00:32:56	01:24:03
140	1038	31		KATHERINE ZIEGLER	WILMINGTON DE	129	00:19:25	00:02:49	198	00:27:40	00:01:38	148	00:32:33	01:24:03
141	746	31	NF	CHRISSY O'CONNELL	BALTIMORE MD	90	00:18:38	00:04:29	180	00:27:15	00:01:24	142	00:32:25	01:24:09
142	106	35		EMILY SAMOSE	WASHINGTON DC	69	00:17:55	00:03:07	80	00:24:44	00:01:45	244	00:36:40	01:24:09
143	395	24	NF	MEGAN FICK	BALTIMORE MD	68	00:17:44	00:02:47	302	00:31:40	00:01:05	106	00:30:57	01:24:09
144	969	25		JULIE TSAI	HANOVER MD	208	00:21:04	00:02:34	172	00:27:03	00:01:17	139	00:32:14	01:24:10
145	631	27		CARA LYNCH	ROCKVILLE MD	209	00:21:11	00:02:14	171	00:27:02	00:00:57	154	00:32:50	01:24:11
146	441	28	NF	ERIN GREENE	BELCAMP MD	65	00:17:37	00:04:00	197	00:27:39	00:02:09	153	00:32:49	01:24:12

147	111	25		LIZ SHERMAN	BALTIMORE MD	143	00:19:38	00:02:35	251	00:29:07	00:01:14	125	00:31:44	01:24:17
148	187	34	NF	DINA BEATTY	SILVER SPRING MD	163	00:19:59	00:02:06	186	00:27:27	00:01:50	161	00:33:01	01:24:21
149	685	38		KATHY MEYER	SEVERNA PARK MD	220	00:21:37	00:02:06	167	00:26:59	00:01:26	140	00:32:18	01:24:24
150	481	52		LINDA HESTVIK	ALEXANDRIA VA	168	00:20:06	00:02:01	117	00:25:43	00:02:07	197	00:34:35	01:24:29
151	906	45	NF	CATHERINE SNYDER	ROCKVILLE MD	40	00:16:46	00:05:06	96	00:25:13	00:02:32	207	00:34:58	01:24:34
152	644	37	NF	DEANNE MARINO	ROCKVILLE MD	74	00:18:14	00:03:12	99	00:25:16	00:02:40	216	00:35:16	01:24:37
153	485	31		JESSICA HILL	JOPPA MD	178	00:20:16	00:01:51	108	00:25:32	00:01:23	226	00:35:42	01:24:42
154	343	26		JESSICA DILLON	WASHINGTON DC	248	00:22:30	00:02:32	82	00:24:46	00:01:25	174	00:33:33	01:24:45
155	53	54		JUDITH HUDSON	WESTFIELD NJ	274	00:23:17	00:01:31	216	00:28:16	00:01:35	88	00:30:13	01:24:50
156	799	35	NF	GAIL RAND	ANNAPOLIS MD	160	00:19:58	00:03:17	91	00:25:04	00:01:09	217	00:35:27	01:24:53
157	488	41		MELISSA HINTON-TYLER	LEESBURG VA	233	00:21:57	00:03:44	114	00:25:41	00:01:57	124	00:31:43	01:24:59
158	339	30		HOPE DEUTSCHLE	BALTIMORE MD	101	00:18:49	00:03:11	250	00:29:04	00:02:31	121	00:31:31	01:25:03
159	515	40	NF	MARY HULBERT	RESTON VA	269	00:23:08	00:04:07	182	00:27:18	00:01:29	65	00:29:12	01:25:11
160	952	32	NF	TERI TOBASH	BALTIMORE MD	136	00:19:34	00:04:02	173	00:27:03	00:01:39	163	00:33:02	01:25:19
161	1031	24		LAUREN ZANG	HARWOOD MD	229	00:21:53	00:03:37	211	00:28:07	00:01:40	85	00:30:04	01:25:19
162	762	32	NF	KAREN PANUSKA	PARKVILLE MD	21	00:15:43	00:03:34	274	00:30:04	00:01:26	196	00:34:34	01:25:20
163	217	30	A	ELIZABETH BOYLE	WHETAON MD	165	00:20:00	00:02:28	148	00:26:24	00:02:50	177	00:33:40	01:25:21
164	927	17	NF	VICTORIA STEVENSON	BETHESDA MD	12	00:15:19	00:03:42	303	00:31:49	00:01:11	175	00:33:33	01:25:32
165	681	27		MCCALL MERCHANT	CAMBRIDGE MA	196	00:20:49	00:04:08	262	00:29:40	00:01:33	70	00:29:26	01:25:35
166	428	38		CYNTHIA GIORGIO	DAVIDSONVILLE MD	228	00:21:52	00:02:04	175	00:27:05	00:01:46	157	00:32:54	01:25:38
167	609	42	NF	LESLEY LEONARD	FREDERICK MD	104	00:18:53	00:04:19	247	00:29:01	00:02:38	103	00:30:50	01:25:38
168	250	45		TWIG BURTON	REHOBOTH BEACH DE	79	00:18:17	00:03:54	195	00:27:36	00:01:41	186	00:34:13	01:25:40
169	498	24	NF	LEAH HOSTETLER	TOWSON MD	148	00:19:44	00:02:50	229	00:28:39	00:01:20	166	00:33:12	01:25:43
170	158	33		SARA ANDREWS	WASHINGTON DC	237	00:22:00	00:02:29	190	00:27:29				01:25:45
171	871	37		JENNIFER SELBY	ANNAPOLIS MD	222	00:21:45	00:02:07	133	00:26:10	00:01:29	188	00:34:18	01:25:48
172	309	40		KATHY CROWLEY	RIVA MD	162	00:19:59	00:03:52	138	00:26:15	00:01:25	189	00:34:19	01:25:49
173	163	37	NF	APRIL ARMSTRONG	ARLINGTON VA	105	00:18:54	00:02:35	239	00:28:49	00:01:26	184	00:34:06	01:25:49
174	574	33		MARA KINGSLEY	ARLINGTON VA	59	00:17:27	00:02:52	203	00:27:55	00:01:16	239	00:36:23	01:25:52
175	743	33	NF	CHRISTINA NULL	BALTIMORE MD	98	00:18:45	00:04:21	221	00:28:28	00:01:14	164	00:33:08	01:25:54
176	346	40	NF	BARBARA DINARDO	WILMINGTON DE	66	00:17:39	00:03:05	311	00:32:06	00:01:24	126	00:31:47	01:25:59
177	735	45		MICHELLE NEWKIRK	CENTREVILLE VA	282	00:23:35	00:06:30	51	00:23:55	00:02:09	79	00:29:57	01:26:04

178	75	34		LAUREN MARKS	NEWARK DE	226	00:21:51	00:01:48	140	00:26:17	00:01:56	192	00:34:25	01:26:14
179	115	57		SUSAN SMITH	WINSTON-SALEM NC	218	00:21:29	00:02:39	24	00:22:43	00:01:58	260	00:37:28	01:26:16
180	704	26		JANE MONCRIEF	WASHINGTON DC	152	00:19:45	00:02:42	181	00:27:17	00:02:11	194	00:34:30	01:26:23
181	967	42		KIM TRUITT	RESTON VA	94	00:18:41	00:03:29	183	00:27:18	00:01:46	210	00:35:11	01:26:24
182	289	43		LAURINE CONNORS	EDGEWATER MD	217	00:21:29	00:01:40	94	00:25:12	00:01:52	234	00:36:13	01:26:25
183	185	47	NF	SUSAN BEACH	ROCKVILLE MD	153	00:19:47	00:03:26	152	00:26:36	00:02:26	187	00:34:16	01:26:29
184	191	48		KAREN BENNETT	RESTON VA	325	00:26:10	00:03:24	209	00:28:04	00:00:55	38	00:27:57	01:26:29
185	313	24	NF	ELLEN CUSHING	ARLINGTON VA	206	00:21:02	00:03:03	135	00:26:12	00:01:11	208	00:35:07	01:26:33
186	587	22	NF	SARAH KRONGARD	SOMERVILLE MA	310	00:25:13	00:02:47	174	00:27:04	00:01:24	87	00:30:07	01:26:34
187	821	23		DEANNA ROMEO	CROFTON MD	151	00:19:45	00:03:23	258	00:29:27	00:02:01	134	00:32:02	01:26:37
188	550	26	NF	DAYNA JOST	ABINGDON MD	155	00:19:50	00:03:59	143	00:26:19	00:01:26	209	00:35:08	01:26:39
189	886	42		KATHLEEN SIMON	SEVERNA PARK MD	195	00:20:47	00:02:57	257	00:29:26	00:00:48	155	00:32:54	01:26:49
190	955	27		MARIANNE TOUSSAINT	SILVER SPRING MD	121	00:19:15	00:03:51	75	00:24:34	00:01:37	266	00:37:43	01:26:59
191	231	26	NF	DANIELLE BROWN	PASADENA MD	157	00:19:51	00:04:18	189	00:27:29	00:01:46	178	00:33:41	01:27:03
192	378	30	NF	KELLY EISENBERG	NEW CASTLE DE	172	00:20:11	00:02:52	214	00:28:12	00:01:12	200	00:34:46	01:27:10
193	901	40	NF	LYNN SMITH	FREDERICK MD	112	00:19:06	00:03:52	199	00:27:41	00:01:58	198	00:34:39	01:27:13
194	801	36	NF	EMILIA RASTRICK	PHILADELPHIA PA	213	00:21:22	00:02:58	115	00:25:41	00:01:03	232	00:36:10	01:27:13
195	516	30	NF	ALYSSA HULKA	BALTIMORE MD	185	00:20:27	00:02:09	206	00:27:57	00:01:11	223	00:35:39	01:27:21
196	724	48		SHARON NAYFACK	ROCKVILLE MD	62	00:17:35	00:05:36	17	00:22:27	00:04:29	258	00:37:20	01:27:24
197	726	23		MELISSA NEJBAUER	WEST CHESTER PA	140	00:19:37	00:02:48	161	00:26:43	00:02:09	233	00:36:10	01:27:25
198	651	40		JACQUELINE MATROSIC	BALTIMORE MD	227	00:21:51	00:04:26	93	00:25:07	00:02:37	173	00:33:31	01:27:30
199	316	44		CARRI DAIKER	HEDGESVILLE WV	262	00:22:58	00:04:02	118	00:25:44	00:01:17	176	00:33:39	01:27:39
200	306	39	NF	ANGELA CRANE	KENSINGTON MD	298	00:24:20	00:02:47	159	00:26:41	00:01:29	143	00:32:25	01:27:40
201	520	43	NF	AMY HUSBAND	WILMINGTON DE	188	00:20:36	00:03:26	230	00:28:40	00:01:20	180	00:33:50	01:27:50
202	699	28		JAN MIYAMOTO	BALTIMORE MD	314	00:25:32	00:02:52	176	00:27:09	00:01:51	96	00:30:33	01:27:55
203	845	27		TERESA SANDERS	ROSEMONT PA	115	00:19:09	00:03:24	245	00:28:59	00:01:54	199	00:34:40	01:28:03
204	265	31	NF	HOLLY CEBULAK	PARKVILLE MD	179	00:20:18	00:03:05	293	00:31:11	00:01:38	129	00:31:56	01:28:06
205	817	24		LAURA ROBINSON	GLEN ARM MD	19	00:15:33	00:03:18	350	00:38:07	00:01:22	74	00:29:49	01:28:07
206	440	30	NF	LAURA GRAYSON	ODENTON MD	264	00:22:59	00:03:04	194	00:27:36	00:02:13	141	00:32:20	01:28:10
207	530	39	NF	SUZY JACOBS	VIENNA VA	126	00:19:21	00:05:27	273	00:30:04	00:02:47	99	00:30:43	01:28:19
208	632	39		JENNIFER LYNCH	DICKERSON MD	223	00:21:45	00:03:32	240	00:28:52	00:01:55	146	00:32:33	01:28:34

209	938	43	NF	LISA SWEENEY	WILMINGTON DE	81	00:18:21	00:05:06	271	00:30:01	00:01:48	170	00:33:23	01:28:36
210	174	41	NF	RACHEL BANDARENKO	ARNOLD MD	215	00:21:27	00:03:10	165	00:26:52	00:01:31	222	00:35:39	01:28:38
211	972	28	NF	ANNAMARTINA TYREUS	WILMINGTON DE	46	00:16:58	00:03:30	208	00:28:03	00:02:28	265	00:37:42	01:28:38
212	59	28		MERYL KERN	CAMDEN DE	118	00:19:14	00:02:03	205	00:27:56	00:01:20	270	00:38:09	01:28:41
213	501	43		LUANNE HOUCK	FREDERICK MD	338	00:27:29	00:04:15	73	00:24:32	00:02:30	86	00:30:04	01:28:48
214	634	30		ALLISON MACCIO	WILMINGTON DE	235	00:21:59	00:02:15	145	00:26:20	00:01:30	253	00:37:03	01:29:05
215	442	44	NF	LESLIE GREENE	SILVER SPRING MD	332	00:26:55	00:03:14	89	00:24:58	00:02:13	128	00:31:52	01:29:10
216	804	42		JENNIFER RENTCH	WASHINGTON DC	49	00:17:07	00:02:49	345	00:35:19	00:01:23	149	00:32:38	01:29:14
217	410	50	NF	ROBIN FRENCH	ANNAPOLIS MD	137	00:19:35	00:03:09	129	00:26:00	00:01:24	278	00:39:13	01:29:20
218	560	40		BETH KAWECKI	ANNAPOLIS MA	272	00:23:13	00:04:49	136	00:26:12	00:01:58	165	00:33:11	01:29:22
219	675	29	NF	ALLY MEDIANO	PHILADELPHIA PA	95	00:18:43	00:05:33	244	00:28:57	00:01:24	206	00:34:57	01:29:32
220	443	43	NF	KIM GRIFFITH	ANNAPOLIS MD	100	00:18:48	00:03:51	288	00:30:58	00:01:12	201	00:34:46	01:29:34
221	993	30		MARTHA WALKER	BALTIMORE MD	234	00:21:58	00:03:09	88	00:24:58	00:01:25	272	00:38:17	01:29:45
222	328	35		JENNIFER DEARING	ANNAPOLIS MD	236	00:22:00	00:06:14	156	00:26:40	00:02:29	144	00:32:26	01:29:45
223	625	34	NF	JULIE LONG	GERMANTOWN MD	259	00:22:50	00:04:24	306	00:31:55	00:01:35	60	00:29:04	01:29:46
224	273	35	NF	MARGARET CHOU	DOVER DE	169	00:20:06	00:01:24	153	00:26:36	00:01:02	296	00:40:45	01:29:52
225	912	25		MARIA JOAN SPADARO	BALTIMORE MD	278	00:23:20	00:03:36	121	00:25:51	00:02:02	213	00:35:13	01:30:01
226	636	28		JULIE MACKERT	MONKTON MD	110	00:19:04	00:04:34	157	00:26:40	00:02:36	261	00:37:30	01:30:22
227	974	28	NF	KATHRYN UMBERGER	ELKTON MD	1	00:13:51	00:02:30	72	00:24:30	00:01:38	347	00:47:58	01:30:26
228	873	27	NF	KATIE SHANNON	BEAR DE	145	00:19:41	00:03:38	284	00:30:43	00:01:33	204	00:34:56	01:30:28
229	171	27	NF	ANDREA BAINBRIDGE	GERMANTOWN MD	138	00:19:36	00:03:23	277	00:30:15	00:03:25	183	00:33:59	01:30:35
230	419	37	NF	JILL GALLOWAY	SEVERNA PARK MD	241	00:22:11	00:02:52	231	00:28:40	00:01:17	221	00:35:38	01:30:36
231	1029	26		BETH YOUNG	WASHINGTON DC	319	00:25:42	00:03:10	243	00:28:54	00:01:58	107	00:31:00	01:30:42
232	37	39	A	CARIN GANJON	BALTMORE MD	199	00:20:55	00:02:36	54	00:23:57	00:01:53	303	00:41:27	01:30:45
233	534	52	NF	MARY JANSSEN	MCLEAN VA	194	00:20:47	00:04:31	255	00:29:13	00:01:34	203	00:34:55	01:30:58
234	234	38	NF	KATHLEEN BRUBACH	WARRENTON VA	271	00:23:13	00:03:52	264	00:29:46	00:01:18	158	00:32:55	01:31:02
235	64	47		SEFI KNOBLE	ROSE VALLEY PA	251	00:22:37	00:01:36	86	00:24:57	00:01:45	292	00:40:27	01:31:20
236	454	26	NF	ANNE HALL	WASHINGTON DC	267	00:23:06	00:02:35	248	00:29:02	00:01:27	214	00:35:15	01:31:23
237	168	25		SARAH BACEWICZ	RALEIGH NC	31	00:16:26	00:02:07	338	00:34:01	00:01:16	264	00:37:40	01:31:28
238	296	16	NF	JESSICA COOPER	FALLSTON MD	149	00:19:45	00:03:24	337	00:33:58	00:01:27	162	00:33:01	01:31:32
239	598	45		MARTINA LAVRISHA	VIENNA VA	336	00:27:21	00:03:32	193	00:27:32	00:01:12	131	00:32:00	01:31:36

240	281	21		JILLIAN COBB	MORGANTOWN WV	207	00:21:03	00:03:24	218	00:28:20	00:02:16	249	00:36:53	01:31:53
241	733	28	NF	ERIKA NEWKIRK	ALEXANDRIA VA	76	00:18:15	00:02:23	312	00:32:06	00:01:49	263	00:37:37	01:32:09
242	689	25	NF	KARI MIELKE	EASTON MD	170	00:20:07	00:03:58	256	00:29:20	00:01:22	259	00:37:24	01:32:09
243	372	22		ALICIA EASBY-SMITH	KENSINGTON MD	135	00:19:31	00:04:46	253	00:29:08	00:02:10	242	00:36:36	01:32:09
244	413	30		ROBIN FRUTCHEY	BALTIMORE MD	54	00:17:17	00:03:36	184	00:27:20	00:01:47	312	00:42:24	01:32:22
245	409	26	NF	AMANDA FRENCH	JARRETTSVILLE MD	108	00:18:59	00:03:19	259	00:29:32	00:01:23	282	00:39:25	01:32:35
246	869	45		BETH SEDLAR	INWOOD WV	290	00:23:53	00:03:05	124	00:25:56	00:02:01	267	00:37:44	01:32:37
247	618	26	NF	RACHEL LILLEY	JARRETTSVILLE MD	164	00:19:59	00:04:13	309	00:31:57	00:01:20	215	00:35:15	01:32:43
248	350	24		AMANDA DOLINKA	COLUMBIA MD	301	00:24:31	00:05:10	228	00:28:38	00:02:02	150	00:32:38	01:32:57
249	116	45		SUSAN SOMERSALL	LEESBURG VA	212	00:21:18	00:01:57	116	00:25:43	00:02:11	306	00:41:50	01:32:57
250	436	48		REBECCA GRAHAM	ANNAPOLIS MD	134	00:19:31	00:02:46	233	00:28:43	00:01:14	298	00:40:50	01:33:02
251	196	44	NF	LINDSEY BIBER	FREDERICK MD	268	00:23:07	00:02:53	212	00:28:10	00:02:02	257	00:37:17	01:33:26
252	205	39		JANE BOOGAERT	RIDGEWOOD NJ	300	00:24:29	00:03:18	220	00:28:22	00:02:39	212	00:35:13	01:33:59
253	262	20		JENAVA CARTY	NEWARK DE	250	00:22:37	00:03:14	317	00:32:23	00:02:00	181	00:33:52	01:34:05
254	237	39	NF	JULIE BUCKEL	STEVENSVILLE MD	257	00:22:45	00:02:59	324	00:32:56	00:01:34	182	00:33:55	01:34:07
255	141	36		KRISTI ADKINS	BALTIMORE MD	265	00:23:00	00:03:26	290	00:31:00	00:02:30	193	00:34:25	01:34:19
256	889	47	NF	FRANCES SLATER	HOCKESSIN DE	190	00:20:39	00:06:51				228	00:35:54	01:34:36
257	960	51	NF	MICHELLE TRAGESER	BALTIMORE MD	224	00:21:46	00:04:38	269	00:29:56	00:03:28	205	00:34:56	01:34:42
258	988	31	NF	KIM VON TOBEL	DUMONT NJ	204	00:21:00	00:06:03	328	00:33:09	00:01:46	152	00:32:48	01:34:44
259	363	28		CHRISTINE DUKE	ARLINGTON VA	309	00:25:04	00:03:57	59	00:24:04	00:04:46	252	00:37:02	01:34:52
260	170	38		KRISTI BACHMAN	ALEXANDRIA VA	294	00:24:02	00:01:36	261	00:29:33	00:01:17	274	00:38:34	01:35:00
261	341	35	NF	KIMBERLY DEWEY	ALEXANDRIA VA	276	00:23:19	00:02:57	213	00:28:11	00:02:14	273	00:38:24	01:35:04
262	150	40	NF	SUZANNE ALLRIDGE	BEL AIR MD	297	00:24:18	00:03:32	266	00:29:56	00:03:04	190	00:34:21	01:35:09
263	159	42		HALIMA AQUINO	BALTIMORE MD	343	00:28:26	00:03:07	71	00:24:29	00:02:35	243	00:36:40	01:35:15
264	900	38		KHRISTINE SMITH	SEVERNA PARK MD	280	00:23:22	00:04:50	196	00:27:39	00:02:50	254	00:37:07	01:35:45
265	203	26	NF	BRIE BOLGER	BEAR DE	263	00:22:58	00:03:31	279	00:30:23	00:01:34	262	00:37:35	01:35:59
266	759	46		LAURA PALGUTA	ARLINGTON VA	174	00:20:13	00:03:30	254	00:29:09	00:01:12	309	00:42:12	01:36:13
267	411	28		GRETCHEN FRICK	CHADDS FORD PA	312	00:25:21	00:03:43	300	00:31:25	00:01:23	195	00:34:32	01:36:22
268	745	44		PATTY OAKLEY	URBANA MD	306	00:24:52	00:04:42	267	00:29:56	00:01:49	211	00:35:12	01:36:29
269	1007	29		REBECCA WILKINSON	ALEXANDRIA VA	311	00:25:19	00:04:37	260	00:29:33	00:01:29	224	00:35:40	01:36:35
270	496	43		ROBIN HOLT	MARYDEL MD	315	00:25:32	00:02:32	291	00:31:04	00:01:14	236	00:36:15	01:36:35

271	947	43	NF	CARLA THOMAS	STEVENSVILLE MD	214	00:21:25	00:05:08	304	00:31:52	00:01:18	251	00:36:56	01:36:38
272	138	29	NF	ROBIN ACTON	JARRETTSVILLE MD	221	00:21:41	00:04:38	296	00:31:20	00:02:26	250	00:36:54	01:36:58
273	326	39		MICHELLE DAVIS	SILVER SPRING MD	317	00:25:40	00:04:35	234	00:28:43	00:01:53	238	00:36:17	01:37:07
274	325	37		MELISSA DAVIS	SILVER SPRING MD	304	00:24:38	00:05:35	246	00:29:00	00:01:40	237	00:36:17	01:37:07
275	728	27	NF	KRISTIN NELSON	ARLINGTON VA	258	00:22:49	00:04:18	305	00:31:54	00:02:26	229	00:35:59	01:37:23
276	266	37	NF	DEEANN CHAMBLEE	FREDERICK MD	293	00:23:59	00:02:33	134	00:26:12	00:02:31	310	00:42:16	01:37:28
277	875	28	A	KRISTI SHAW	EASTON MD	281	00:23:30	00:02:32	109	00:25:34	00:01:39	331	00:44:34	01:37:47
278	139	40	NF	LEEANN ADAMS	BALTIMORE MD	299	00:24:25	00:02:49	294	00:31:14	00:01:16	271	00:38:16	01:37:57
279	805	42	NF	CASSANDRA RICE	DAVIDSONVILLE MD	288	00:23:50	00:03:59	316	00:32:19	00:01:14	246	00:36:46	01:38:06
280	36	46		SHERRI FELDMAN	OWINGS MILLS MD	246	00:22:24	00:02:46	200	00:27:47	00:02:39	314	00:42:38	01:38:12
281	456	31	NF	ELIZABETH HANNA	WASHINGTON DC	166	00:20:02	00:04:35	344	00:35:05	00:02:24	231	00:36:09	01:38:13
282	1001	34	A	SHERON WESTBROOK	FREDERICK MD	245	00:22:23	00:03:06	202	00:27:54	00:02:19	315	00:42:39	01:38:20
283	166	37		JANE AVILA	ALEXANDRIA VA									01:38:22
284	355	55	NF	FRAN DONAWAY	HARBESON DE	289	00:23:53	00:04:32	238	00:28:48	00:01:55	279	00:39:17	01:38:23
285	856	34	NF	DAWN SCHIAVONE	COLUMBIA MD	202	00:20:59	00:05:48	321	00:32:41	00:02:29	240	00:36:34	01:38:29
286	283	40	A	KELLEY COLLINGS	PHILADELPHIA PA	303	00:24:37	00:02:31	127	00:25:59	00:01:20	326	00:44:06	01:38:31
287	848	32	NF	MICHELE SARSITIS	BALTIMORE MD	175	00:20:14	00:04:08	329	00:33:11	00:01:59	277	00:39:06	01:38:36
288	375	30		BRITTANY EBBERTT	BALTIMORE MD	333	00:26:57	00:04:49	67	00:24:26	00:02:50	286	00:39:39	01:38:39
289	865	26		KARI SABRINA"" SCHUMANN	BROOKEVILLE MD	113	00:19:06	00:06:43	282	00:30:30	00:01:19	301	00:41:17	01:38:53
290	594	33		DANIELLE LAMB	ARLINGTON VA	291	00:23:54	00:05:45	275	00:30:11	00:01:41	269	00:37:57	01:39:26
291	212	40		JANET BOSTWICK	TIMONIUM MD	318	00:25:42	00:04:07	210	00:28:06	00:02:42	275	00:38:53	01:39:28
292	920	41		MISSY STEELE	GRASONVILLE MD	256	00:22:44	00:03:43	232	00:28:42	00:02:37	305	00:41:50	01:39:34
293	788	26	NF	NADINE POTTINGA	ALEXANDRIA VA	71	00:18:01	00:03:04	319	00:32:30	00:01:43	327	00:44:21	01:39:37
294	894	40	NF	KRISTIN SMEDLEY	NEW MARKET MD	193	00:20:43	00:03:04	289	00:31:00	00:01:37	324	00:43:34	01:39:56
295	730	40	NF	HEATHER NESTER	VIENNA VA	247	00:22:26	00:05:07	310	00:32:02	00:00:53	284	00:39:30	01:39:56
296	562	43	NF	REBECCA KAWECKI	ARNOLD MD	328	00:26:20	00:03:05	283	00:30:31	00:01:07	276	00:38:58	01:39:58
297	486	44	NF	DORI HINES	VIENNA VA	273	00:23:14	00:04:21	149	00:26:25	00:03:09	319	00:42:59	01:40:07
298	765	25	NF	ELIZABETH PAPPION	YORK PA	133	00:19:30	00:04:53	301	00:31:31	00:01:38	316	00:42:41	01:40:11
299	156	25	NF	NICOLE ANDERSON	BALTIMORE MD	335	00:27:05	00:02:33	313	00:32:09	00:02:25	230	00:36:02	01:40:11
300	374	29	NF	BETH EATON	CALIFORNIA MD	277	00:23:20	00:04:05	307	00:31:57	00:01:33	280	00:39:19	01:40:12
301	830	27	NF	KATIE ROUTH	BURKE VA	42	00:16:48	00:03:22	278	00:30:15	00:01:45	349	00:48:56	01:41:04

302	220	39	NF	MICHELLE BRADLEY	NEWARK DE	201	00:20:58	00:03:20	295	00:31:17	00:02:33	321	00:43:08	01:41:15
303	965	28		KATIE TROUTMAN	WASHINGTON DC	287	00:23:50	00:03:16	268	00:29:56	00:01:26	318	00:42:57	01:41:22
304	1042	46	NF	DONNA ZUKUS	FREDERICK MD	231	00:21:54	00:05:01	215	00:28:14	00:04:27	304	00:41:48	01:41:23
305	824	50		SHARON HESTVIK	ARLINGTON VA	91	00:18:38	00:04:30	32	00:23:13	00:03:34	351	00:51:33	01:41:26
306	725	28	NF	ERIN NEATON	EASTON MD	307	00:24:54	00:04:59	308	00:31:57	00:03:10	241	00:36:35	01:41:33
307	539	43		JENNIFER JENNINGS	TRACEYS LANDING MD	292	00:23:59	00:04:24	252	00:29:08	00:03:06	300	00:41:00	01:41:34
308	134	34		TARA ZIMNICK-CALICO	ALEXANDRIA VA	353	00:35:55	00:02:15	158	00:26:40	00:01:27	220	00:35:30	01:41:45
309	751	26	NF	JESSICA OPALSKI	ARLINGTON VA	308	00:24:57	00:04:58	326	00:33:02	00:02:03	248	00:36:52	01:41:51
310	470	39	NF	JENNIFER HELMUTH	ALLENTOWN PA	249	00:22:33	00:04:43	315	00:32:16	00:01:55	297	00:40:46	01:42:12
311	627	34		KATIE LOUGHLIN	ROCKVILLE MD	216	00:21:29	00:03:51	320	00:32:37	00:01:24	322	00:43:12	01:42:30
312	509	42	NF	SUSIE HUCKELBERY	ANNAPOLIS MD	334	00:26:59	00:04:36	325	00:33:02	00:01:14	245	00:36:43	01:42:32
313	658	32		MEGAN MCDERMOTT	WILMINGTON DE	156	00:19:50	00:07:24	299	00:31:24	00:01:34	313	00:42:25	01:42:35
314	483	40	NF	SHERYL HICKS	UPPER MARLBORO MD	316	00:25:34	00:05:48	265	00:29:50	00:02:18	281	00:39:21	01:42:48
315	386	40	NF	MISTY EVANSHINE	BELCAMP MD	331	00:26:51	00:03:11	292	00:31:07	00:02:08	285	00:39:38	01:42:52
316	280	19		CHARLOTTE COBB	SHENANDOAH JUNCTION WV	254	00:22:44	00:03:33	335	00:33:54	00:01:39	302	00:41:25	01:43:12
317	268	43	A	MONICA CHANEY	LOTHIAN MD	305	00:24:39	00:05:49	285	00:30:44	00:04:47	256	00:37:16	01:43:13
318	216	51		ELAINE BOWSER	FOREST HILL MD	348	00:31:11	00:03:42	217	00:28:19	00:02:21	268	00:37:50	01:43:20
319	549	31		COLLEEN JORDAN	NEWARK DE	302	00:24:33	00:04:25	314	00:32:09	00:01:53	294	00:40:28	01:43:27
320	789	30	NF	LARA PRENDERGAST	BALTIMORE MD	240	00:22:08	00:05:44	331	00:33:28	00:02:20	291	00:40:21	01:44:00
321	97	43	NF	COLLEEN POLLUTRI	WILMINGTON DE	349	00:31:15	00:02:57	224	00:28:34	00:01:15	288	00:40:07	01:44:06
322	671	36	NF	MARIANNE MCNEICE	WILMINGTON DE	238	00:22:01	00:03:35	336	00:33:55	00:01:59	317	00:42:47	01:44:16
323	949	39	NF	MARIE THOMERSON	FAIRFAX VA	339	00:27:32	00:09:43	191	00:27:29	00:02:20	255	00:37:14	01:44:16
324	819	36		MELANIE ROGERS	FAIRFAX VA	275	00:23:17	00:04:34	318	00:32:26	00:02:08	311	00:42:20	01:44:43
325	89	36	NF	LEA ANN OVERTON	KEARNEYSVILLE WV	329	00:26:40	00:05:03	146	00:26:21	00:02:27	334	00:44:49	01:45:18
326	180	33		MICHELLE BARTO	WASHINGTON DC	342	00:28:05	00:02:00	286	00:30:56	00:01:32	320	00:43:02	01:45:33
327	16	41	NF	THERESA CATTERTON	SILVER SPRING MD	344	00:29:02	00:03:56	177	00:27:10	00:02:17	323	00:43:16	01:45:39
328	389	39		ELIZABETH FARASY	DENVER CO	296	00:24:10	00:05:03	332	00:33:30	00:03:13	290	00:40:11	01:46:05
329	568	25	NF	MARGAN KERWIN	ARLINGTON VA	219	00:21:31	00:06:09	272	00:30:03	00:03:46	337	00:45:17	01:46:44
330	147	38	NF	AMY ALLEN	ALEXANDRIA VA	252	00:22:38	00:04:30	223	00:28:31	00:04:06	346	00:47:14	01:46:57
331	887	29		GAREN SINGER	WASHINGTON DC	261	00:22:55	00:04:54	236	00:28:44	00:03:33	345	00:47:12	01:47:16
332	826	26		PAMELA ROSENBERG	WASHINGTON DC	341	00:27:53	00:06:24	235	00:28:44	00:03:25	299	00:40:52	01:47:16

333	740	25	NF	KENDRA NOLL	FREDERICK MD	83	00:18:28	00:05:19	330	00:33:19	00:03:58	344	00:47:03	01:48:05
334	233	41	NF	APRIL BRUBACH	BETHESDA MD	321	00:25:43	00:04:18	287	00:30:57	00:02:23	336	00:45:17	01:48:35
335	297	47	NF	PHILOMENA COOPER	FALLSTON MD	295	00:24:03	00:03:57	347	00:35:52	00:02:55	308	00:42:09	01:48:55
336	400	43	NF	KAREN FISHBURN	FREDERICK MD	173	00:20:12	00:04:19	348	00:36:01	00:02:05	343	00:46:47	01:49:23
337	867	52		TRACY SCHWARTZ	POTOMAC MD	320	00:25:43	00:08:04	322	00:32:49	00:02:16	295	00:40:33	01:49:24
338	211	47	NF	JANET BOSSO	NEW CITY NY	327	00:26:12	00:05:19	281	00:30:29	00:01:48	339	00:45:50	01:49:37
339	390	27		JULIE FARASY	LEXINGTON PARK MD	253	00:22:44	00:10:27	333	00:33:34	00:03:13	289	00:40:10	01:50:05
340	384	38	NF	JULIA EVANS	WASHINGTON DC	337	00:27:24	00:04:06	225	00:28:34	00:05:23	332	00:44:42	01:50:07
341	771	44	NF	LISA PELLEGRINI	ELLCOTT CITY MD	351	00:33:24	00:05:07	263	00:29:41	00:02:37	287	00:39:44	01:50:31
342	254	43	NF	ROBIN CAMPBELL	RESTON VA	323	00:26:06	00:05:26	327	00:33:03	00:01:27	333	00:44:43	01:50:44
343	229	42	NF	APRIL BROOKS	GAMBRILLS MD	345	00:29:27	00:04:40	242	00:28:53	00:02:14	342	00:46:02	01:51:15
344	565	24	NF	ANGELA KELLY	ARLINGTON VA	326	00:26:10	00:05:28	341	00:34:41	00:01:31	330	00:44:30	01:52:18
345	525	36		CHRISTINE IMBURGIA	WILMINGTON DE	322	00:25:44	00:04:49	351	00:39:46	00:02:34	293	00:40:27	01:53:19
346	742	44	NF	JULIE NOVAK	ELDERSBURG MD	158	00:19:52	00:03:50	334	00:33:53	00:02:03	354	00:53:43	01:53:19
347	930	20		LAUREN STOTZ	NEW CASTLE DE	285	00:23:41	00:04:08	352	00:41:39	00:01:30	325	00:43:36	01:54:33
348	369	40	NF	SANDRA DUPAUL	SHENANDOAH JUNCTION WV	324	00:26:10	00:04:22	342	00:34:55	00:02:06	348	00:48:17	01:55:47
349	866	23		TRESA SCHUMANN	BROOKEVILLE MD	182	00:20:23	00:05:47	353	00:43:01	00:01:54	335	00:44:55	01:55:58
350	396	37	NF	HEATHER FIELD	SHARPSBURG MD	313	00:25:31	00:05:08	340	00:34:13	00:06:17	338	00:45:38	01:56:46
351	880	34		ANGELA SHOOTS	WASHINGTON DC DC	350	00:32:54	00:04:19	323	00:32:55	00:01:14	341	00:46:01	01:57:22
352	269	43	NF	ANDREA CHAPMAN	FULTON MD	346	00:29:44	00:10:50	276	00:30:12	00:03:18	329	00:44:28	01:58:31
353	602	30		LINETTE LECHER	ODENTON MD	352	00:35:48	00:05:15	298	00:31:23	00:02:22	340	00:45:55	02:00:43
354	172	37		DANIELLE BALLENTINE KEITH	LEHIGHTON PA	330	00:26:50	00:04:14	297	00:31:20	00:06:24	353	00:52:13	02:00:59
355	377	34	NF	KALANI EDIRISINGHE	GAITHERSBURG MD	340	00:27:32	00:08:02	339	00:34:11	00:01:47	350	00:50:26	02:01:57
356	693	54		REGINA MILLER	BOWIE MD	354	00:38:53	00:07:03	343	00:34:58	00:02:17	328	00:44:24	02:07:33
357	342	28		ANN DIERKES	RESTON VA	355	00:41:41	00:05:37	346	00:35:27	00:03:25	307	00:42:03	02:08:11
358	142	30	NF	KATY AGRO	PASADENA MD	347	00:29:58	00:03:50	349	00:37:21	00:05:31	352	00:52:07	02:08:45
359	336	26	NF	KRISTIN DERSTINE	TELFORD PA	106	00:18:58	00:03:58	280	00:30:24	00:03:06			
360	822	42	NF	JODY ROOK	RESTON VA	242	00:22:17	00:06:40	169	00:27:00				
361	351	50		SUSAN DOLINKA	COLUMBA MD									
362	653	26		MORGAN MCCAFFERY	ARLINGTON VA	73	00:18:08	00:02:16						
363	295	35		CHRISTY COOPER	ARLINGTON VA	86	00:18:33							

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