

TOP 3 MASTERS FEMALES -----

Place	Bib	NAME	Ag	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	TIME	DQ
1.	876	PHILIPPA SHIELS	41	EDGEWATER MD	2	15:55	2:08	2	21:29	1:06	4	26:25		1:07:01	
2.	256	JULIE CAPRIO	48	BALTIMORE MD	4	16:20	1:27	1	20:50	1:17	6	27:20		1:07:12	
3.	19	MARGARET COLVIN	47	REHOBOTH BEACH DE	7	17:27	1:11	15	23:32	1:33	2	24:36		1:08:17	

FEMALE AGE GROUP RESULTS

2008 Dewey Beach Triathlon
 Delaware Seashore State Park 9/13/2008 7:30 am
 Directed By Set Up Events

FEMALE AGE GROUP: 10 - 15 (90) -----

Place	Bib	NAME	Ag	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	TIME	DQ
1.	844	DREW NAOMI SANCLEMENTE	15	MIDDLETOWN DE	1	15:41	1:19	1	22:13	0:46	1	26:29		1:06:26	

FEMALE AGE GROUP: 16 - 19 (90) -----

Place	Bib	NAME	Ag	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	TIME	DQ
1.	792	KELLY PROTZKO	18	ESSEX MD	1	17:57	2:38	1	24:06	1:47	1	32:12		1:18:38	
2.	280	CHARLOTTE COBB	19	SHENANDOAH JUNCTION WV	2	22:44	3:33	2	33:54	1:39	2	41:25		1:43:12	

FEMALE AGE GROUP: 20 - 24 (90) -----

Place	Bib	NAME	Ag	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	TIME	DQ
1.	674	JOANNA MEADE	24	BALTIMORE MD	3	16:04	1:52	3	24:17	1:00	1	27:11		1:10:22	
2.	744	CHRISTINA NUTTING	23	LUTHERVILLE MD	1	15:27	1:52	1	22:38	1:34	2	29:07		1:10:37	
3.	985	MEGAN VITEK	23	BROOKLAND DC	6	18:28	3:18	2	23:41	1:31	3	29:08		1:16:03	
4.	682	HAYLEY MERSHON	23	TOWSON MD	5	17:10	2:57	9	28:53	1:09	6	30:55		1:21:02	
5.	506	LAUREN HUBER	24	MCLEAN VA	4	16:41	3:57	5	27:00	1:25	10	34:21		1:23:22	
6.	1031	LAUREN ZANG	24	HARWOOD MD	12	21:53	3:37	6	28:07	1:40	5	30:04		1:25:19	
7.	821	DEANNA ROMEO	23	CROFTON MD	9	19:45	3:23	11	29:27	2:01	7	32:02		1:26:37	
8.	726	MELISSA NEJBAUER	23	WEST CHESTER PA	8	19:37	2:48	4	26:43	2:09	11	36:10		1:27:25	
9.	817	LAURA ROBINSON	24	GLEN ARM MD	2	15:33	3:18	13	38:07	1:22	4	29:49		1:28:07	
10.	281	JILLIAN COBB	21	MORGANTOWN WV	11	21:03	3:24	7	28:20	2:16	13	36:53		1:31:53	
11.	372	ALICIA EASBY-SMITH	22	KENSINGTON MD	7	19:31	4:46	10	29:08	2:10	12	36:36		1:32:09	
12.	350	AMANDA DOLINKA	24	COLUMBIA MD	15	24:31	5:10	8	28:38	2:02	8	32:38		1:32:57	
13.	262	JENAVA CARTY	20	NEWARK DE	13	22:37	3:14	12	32:23	2:00	9	33:52		1:34:05	
14.	930	LAUREN STOTZ	20	NEW CASTLE DE	14	23:41	4:08	14	41:39	1:30	14	43:36		1:54:33	
15.	866	TRESA SCHUMANN	23	BROOKEVILLE MD	10	20:23	5:47	15	43:01	1:54	15	44:55		1:55:58	

FEMALE AGE GROUP: 25 - 29 (90) -----

Place	Bib	NAME	Ag	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	TIME	DQ
1.	546	MARGARET JONES	27	NEW ORLEANS LA	3	13:57	1:17	10	23:04	0:39	1	25:05		1:04:00	
2.	477	ROBIN HERSH	28	ARLINGTON VA	12	16:28	1:56	1	21:03	1:30	2	25:10		1:06:05	
3.	861	NICOLE SCHRADER	29	BALTIMORE MD	2	13:55	2:25	9	22:44	1:14	3	25:57		1:06:13	
4.	114	KATHRYN SMITH	29	ROYERSFORD PA	1	13:52	1:23	4	21:57	1:34	6	27:32		1:06:17	
5.	83	HEATHER NEES	25	LEWES DE	9	15:30	1:21	5	22:13	1:02	4	26:42		1:06:45	
6.	129	KATE WEILER	26	NEWARK, DE DE	13	16:33	1:01	3	21:44	1:20	8	27:51		1:08:28	
7.	435	ERIN GOUTY	29	BALTIMORE MD										1:10:17	
8.	62	JENNIFER KING	26	WYNNEWOOD PA	18	17:37	2:04	8	22:41	1:18	5	26:49		1:10:27	
9.	683	COURTNEY MERSHON	26	BALTIMORE MD	4	14:03	2:41	6	22:33	1:31	14	30:04		1:10:50	
10.	999	EMILY WEINTRAUB	29	PHILADELPHIA PA	6	14:22	2:54	12	23:39	1:07	11	28:52		1:10:52	
11.	74	SARAH MARGESON	27	BALTIMORE MD	14	17:06	1:11	2	21:40	1:30	16	30:30		1:11:57	
12.	555	KRISTEN KALYMON	28	BALTIMORE MD	7	14:57	2:13	11	23:08	1:28	15	30:27		1:12:11	
13.	160	ALICEA ARDITO	28	ARLINGTON VA	28	19:18	1:32	13	23:58	1:34	9	28:47		1:15:07	
14.	511	HEIDI HUKU	27	ROCKVILLE MD	16	17:19	2:03	21	25:40	1:04	13	29:50		1:15:54	
15.	959	LAURA TRAGERT	26	GORDONSVILLE VA	10	16:06	2:23	20	25:19	1:28	20	31:23		1:16:36	
16.	521	ASHLEY HUSICH	25	BALTIMORE MD	5	14:11	3:42	22	25:40	1:09	23	31:57		1:16:37	
17.	977	JILL VANDERVORT	8	ARLINGTON VA	8	15:22	3:14	23	25:45	2:06	24	32:04		1:18:28	
18.	462	BECKY HARTMAN	27	PARKVILLE MD	32	20:15	2:11	7	22:34	1:39	26	32:48		1:19:25	
19.	908	GENEVIEVE SOARES	27	PLAINSBORO NJ	31	20:03	3:23	17	24:47	1:12	17	30:31		1:19:53	
20.	718	JODI NAASZ	29	BALTIMORE MD	36	21:53	3:28	18	25:13	1:50	7	27:45		1:20:07	
21.	453	KRISTEN HAGGERTY	25	BETHESDA MD		???????	33:54	19	25:19	1:50	10	28:51		1:20:08	
22.	414	ELIZABETH FRUZYNSKI	27	WASHINGTON DC	21	18:45	3:02	27	26:19	1:21	28	32:54		1:22:19	
23.	491	CLAIRE HOECKEL	26	BALTIMORE MD	27	19:18	2:53	33	27:28	1:25	21	31:26		1:22:27	
24.	832	HEATHER RUANE	25	ELDERSBURG MD	20	18:22	2:03	24	25:45	0:55	35	35:28		1:22:32	
25.	813	JENNIFER RIEGEL	28	WASHINGTON DC	17	17:29	2:45	26	26:00	1:15	37	36:14		1:23:42	
26.	361	SOPHIE DRESS	25	ELLCOTT CITY MD	15	17:11	2:26	34	27:52	1:29	33	34:52		1:23:49	
27.	969	JULIE TSAI	25	HANOVER MD	34	21:04	2:34	30	27:03	1:17	25	32:14		1:24:10	
28.	631	CARA LYNCH	27	ROCKVILLE MD	35	21:11	2:14	29	27:02	0:57	27	32:50		1:24:11	
29.	111	LIZ SHERMAN	25	BALTIMORE MD	29	19:38	2:35	40	29:07	1:14	22	31:44		1:24:17	
30.	343	JESSICA DILLON	26	WASHINGTON DC	37	22:30	2:32	16	24:46	1:25	29	33:33		1:24:45	
31.	681	MCCALL MERCHANT	27	CAMBRIDGE MA	33	20:49	4:08	42	29:40	1:33	12	29:26		1:25:35	
32.	704	JANE MONCRIEF	26	WASHINGTON DC	30	19:45	2:42	32	27:17	2:11	30	34:30		1:26:23	
33.	955	MARIANNE TOUSSAINT	26	SILVER SPRING MD	26	19:15	3:51	15	24:34	1:37	41	37:43		1:26:59	
34.	699	JAN MIYAMOTO	28	BALTIMORE MD	45	25:32	2:52	31	27:09	1:51	18	30:33		1:27:55	
35.	845	TERESA SANDERS	24	ROSEMONT PA	24	19:09	3:24	39	28:59	1:54	32	34:40		1:28:03	
36.	59	MERYL KERN	28	CAMDEN DE	25	19:14	2:03	35	27:56	1:20	42	38:09		1:28:41	
37.	912	MARIA JOAN SPADARO	25	BALTIMORE MD	40	23:20	3:36	25	25:51	2:02	34	35:13		1:30:01	
38.	636	JULIE MACKERT	28	MONKTON MD	22	19:04	4:34	28	26:40	2:36	39	37:30		1:30:22	

39.	1029	BETH YOUNG	26	WASHINGTON DC	46	25:42	3:10	38	28:54	1:58	19	31:00	1:30:42
40.	168	SARAH BACEWICZ	25	RALEIGH NC	11	16:26	2:07	47	34:01	1:16	40	37:40	1:31:28
41.	363	CHRISTINE DUKE	28	ARLINGTON VA	42	25:04	3:57	14	24:04	4:46	38	37:02	1:34:52
42.	411	GRETCHEN FRICK	28	CHADDS FORD PA	44	25:21	3:43	45	31:25	1:23	31	34:32	1:36:22
43.	1007	REBECCA WILKINSON	29	ALEXANDRIA VA	43	25:19	4:37	41	29:33	1:29	36	35:40	1:36:35
44.	865	KARI SABRINA"" SCHUMANN	26	BROOKEVILLE MD	23	19:06	6:43	44	30:30	1:19	45	41:17	1:38:53
45.	965	KATIE TROUTMAN	28	WASHINGTON DC	41	23:50	3:16	43	29:56	1:26	47	42:57	1:41:22
46.	887	GAREN SINGER	29	WASHINGTON DC	39	22:55	4:54	37	28:44	3:33	48	47:12	1:47:16
47.	826	PAMELA ROSENBERG	26	WASHINGTON DC	47	27:53	6:24	36	28:44	3:25	44	40:52	1:47:16
48.	390	JULIE FARASY	27	LEXINGTON PARK MD	38	22:44	10:27	46	33:34	3:13	43	40:10	1:50:05
49.	342	ANN DIERKES	28	RESTON VA	48	41:41	5:37	48	35:27	3:25	46	42:03	2:08:11
50.	653	MORGAN MCCAFFERY	26	ARLINGTON VA	19	18:08	2:16						

FEMALE AGE GROUP: 30 - 34 (90)

Place	Bib	NAME	Ag	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	TIME	DQ
1.	122	MELISSA TALLENT	34	ALEXANDRIA VA	1	14:32	0:52	1	20:27	1:23	2	25:23		1:02:35	
2.	162	DANIELLE ARIANO	31	LUTHERVILLE MD	13	19:23	1:21	3	22:24	0:57	3	26:03		1:10:06	
3.	34	JACQUELINE FEINBERG	34	KENNETT SQUARE PA	5	17:13	1:02	5	22:46	1:37	6	28:49		1:11:24	
4.	569	ERIN KILLOUGH	32	BALTIMORE MD	12	19:10	2:09	4	22:35	1:12	4	27:24		1:12:29	
5.	692	GENEVIEVE MILLER	30	BALTIMORE MD	20	21:12	2:20	11	24:07	1:12	1	24:56		1:13:44	
6.	300	DENISE COSTA	31	ARLINGTON VA	11	18:58	3:14	2	21:39	2:26	5	28:34		1:14:50	
7.	213	KAREN BOULDIN	32	MIDDLETOWN DE	2	16:20	2:16	24	26:43	1:09	7	28:58		1:15:25	
8.	656	MEGAN MCCRAY	32	BALTIMORE MD	19	20:24	2:15	9	23:53	1:07	11	29:51		1:17:28	
9.	612	KIMBERLY LEVINSON	30	BALTIMORE MD	18	20:18	3:09	7	23:35	2:01	8	29:25		1:18:27	
10.	380	SUSAN ELLSWORTH	32	ABINGDON MD	9	18:39	2:57	18	25:53	1:56	10	29:49		1:19:13	
11.	96	DEBORA PFAFF	30	BURKE VA	3	16:47	2:28	15	24:42	2:01	19	33:20		1:19:16	
12.	125	ANN TOOHEY	34	ALEXANDRIA VA	15	19:26	1:57	8	23:46	1:17	17	32:57		1:19:21	
13.	466	MOLLY HAUCK	30	ANNAPOLIS MD	8	18:14	2:44	22	26:23	1:19	14	31:33		1:20:11	
14.	929	LANOLA KATHLEE STONE	33	NEW YORK NY				6	23:15	1:24	20	33:25		1:20:19	
15.	81	JOANNE MULLEN	34	BOOTHWYN PA	4	16:51	2:55	20	26:18	1:04	18	33:14		1:20:21	
16.	593	CHRISTINE LAING	30	WASHINGTON DC	26	22:18	2:17	10	23:57	3:24	9	29:29		1:21:24	
17.	338	MELISSA DETHLEFSEN	34	BEL AIR MD	27	23:10	2:31	14	24:39	1:08	12	31:21		1:22:47	
18.	904	STACEY SMITH	31	ANNAPOLIS MD	28	23:21	2:24	13	24:27	1:31	15	32:03		1:23:45	
19.	1038	KATHERINE ZIEGLER	31	WILMINGTON DE	14	19:25	2:49	27	27:40	1:38	16	32:33		1:24:03	
20.	485	JESSICA HILL	31	JOPPA MD	17	20:16	1:51	17	25:32	1:23	23	35:42		1:24:42	
21.	339	HOPE DEUTSCHLE	30	BALTIMORE MD	10	18:49	3:11	29	29:04	2:31	13	31:31		1:25:03	
22.	158	SARA ANDREWS	33	WASHINGTON DC	25	22:00	2:29	26	27:29					1:25:45	
23.	574	MARA KINGSLEY	33	ARLINGTON VA	7	17:27	2:52	28	27:55	1:16	24	36:23		1:25:52	
24.	75	LAUREN MARKS	34	NEWARK DE	22	21:51	1:48	19	26:17	1:56	21	34:25		1:26:14	
25.	634	ALLISON MACCIO	30	WILMINGTON DE	24	21:59	2:15	21	26:20	1:30	25	37:03		1:29:05	
26.	993	MARTHA WALKER	30	BALTIMORE MD	23	21:58	3:09	16	24:58	1:25	27	38:17		1:29:45	
27.	413	ROBIN FRUTCHY	30	BALTIMORE MD	6	17:17	3:36	25	27:20	1:47	30	42:24		1:32:22	
28.	375	BRITTANY EBBERTT	30	BALTIMORE MD	31	26:57	4:49	12	24:26	2:50	28	39:39		1:38:39	
29.	594	DANIELLE LAMB	33	ARLINGTON VA	29	23:54	5:45	30	30:11	1:41	26	37:57		1:39:26	
30.	134	TARA ZIMNICK-CALICO	34	ALEXANDRIA VA	35	35:55	2:15	23	26:40	1:27	22	35:30		1:41:45	
31.	627	KATIE LOUGHLIN	34	ROCKVILLE MD	21	21:29	3:51	35	32:37	1:24	33	43:12		1:42:30	
32.	658	MEGAN MCDERMOTT	32	WILMINGTON DE	16	19:50	7:24	33	31:24	1:34	31	42:25		1:42:35	
33.	549	COLLEEN JORDAN	31	NEWARK DE	30	24:33	4:25	34	32:09	1:53	29	40:28		1:43:27	
34.	180	MICHELLE BARTO	33	WASHINGTON DC	32	28:05	2:00	31	30:56	1:32	32	43:02		1:45:33	
35.	880	ANGELA SHOOTS	34	WASHINGTON DC DC	33	32:54	4:19	36	32:55	1:14	35	46:01		1:57:22	
36.	602	LINETTE LECHER	30	ODENTON MD	34	35:48	5:15	32	31:23	2:22	34	45:55		2:00:43	

FEMALE AGE GROUP: 35 - 39 (90)

Place	Bib	NAME	Ag	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	TIME	DQ
1.	49	DOLLY GUERRA	35	WASHINGTON DC	6	17:24	1:39	2	22:36	1:26	2	27:15		1:10:20	
2.	47	JEN GRANT	38	WASHINGTON DC	2	15:50	1:50	3	23:16	1:22	11	29:07		1:11:22	
3.	95	JULIE PETROUSKY	37	LAYTONSVILLE MD	1	15:22	1:32	11	24:46	1:54	14	30:00		1:13:33	
4.	394	CHRISTINE FICHTNER	36	EDGEWATER MD	7	17:40	1:33	9	24:35	1:38	8	28:18		1:13:43	
5.	916	CHRISTINA STAFFORD	39	ARLINGTON VA	4	16:56	2:14	15	25:31	0:58	7	28:14		1:13:50	
6.	260	SUSAN CARROLL	36	MIDDLETOWN DE	12	20:24	1:18	1	21:26	1:13	16	31:05		1:15:23	
7.	201	KIMBERLY BLANCH	38	REHOBOTH BEACH DE	5	16:56	3:32	8	24:00	1:08	17	31:36		1:17:10	
8.	524	EVELYN IBARRA	38	SANTA BARBARA CA	3	16:09	3:38	24	28:29	1:32	3	27:31		1:17:18	
9.	67	AMY LINZEY	37	OCEAN VIEW DE	11	20:22	1:22	6	23:49	1:49	15	30:34		1:17:54	
10.	219	REBECCA BRADFORD	35	FALLS CHURCH VA	20	21:56	2:26	12	25:05	1:00	5	27:57		1:18:21	
11.	13	STEPHANIE BURLACE	35	EDGEWATER MD	13	20:27	1:39	14	25:16	1:38	13	29:54		1:18:52	
12.	885	MEREDITH SIMMONS	38	LEWES DE	28	23:43	3:02	5	23:42	2:14	4	27:37		1:20:16	
13.	61	ALISA KEY	38	ARLINGTON VA	22	22:19	1:56	17	26:06	1:17	10	29:01		1:20:37	
14.	178	LILL BAROUCH	37	ELLCOTT CITY MD	24	23:03	2:55	7	23:56	2:11	9	28:37		1:20:41	
15.	898	JAMIE SMITH	37	BALTIMORE MD	27	23:36	3:07	13	25:16	1:53	6	28:12		1:22:02	
16.	888	MARY SIRICO	36	BALTIMORE MD	10	18:39	3:56	4	23:40	3:17	22	33:27		1:22:58	
17.	731	CHRISTINE NEW	36	PHOENIX MD	14	20:58					1	27:07		1:23:23	
18.	809	TRACY RICKER	35	BETHESDA MD	15	21:15	4:53	16	25:58	2:48	12	29:09		1:24:01	
19.	106	EMILY SAMOSE	35	WASHINGTON DC	8	17:55	3:07	10	24:44	1:45	28	36:40		1:24:09	
20.	685	KATHY MEYER	38	SEVERNA PARK MD	16	21:37	2:06	20	26:59	1:26	18	32:18		1:24:24	
21.	428	CYNTHIA GIORGIO	38	DAVIDSONVILLE MD	19	21:52	2:04	21	27:05	1:46	21	32:54		1:25:38	
22.	871	JENNIFER SELBY	37	ANNAPOLIS MD	17	21:45	2:07	18	26:10	1:29	23	34:18		1:25:48	
23.	632	JENNIFER LYNCH	39	DICKERSON MD	18	21:45	3:32	26	28:52	1:55	20	32:33		1:28:34	
24.	328	JENNIFER DEARING	35	ANNAPOLIS MD	21	22:00	6:14	19	26:40	2:29	19	32:26		1:29:45	
25.	205	JANE BOOGAERT	39	RIDGEWOOD NJ	31	24:29	3:18	23	28:22	2:39	25	35:13		1:33:59	
26.	141	KRISTI ADKINS	36	BALTIMORE MD	23	23:00	3:26	29	31:00	2:30	24	34:25		1:34:19	
27.	170	KRISTI BACHMAN	38	ALEXANDRIA VA	29	24:02	1:36	28	29:33	1:17	30	38:34		1:35:00	
28.	900	KHRISTINE SMITH	38	SEVERNA PARK MD	26	23:22	4:50	22	27:39	2:50	29	37:07		1:35:45	
29.	326	MICHELLE DAVIS	39	SILVER SPRING MD	33	25:40	4:35	25	28:43	1:53	27	36:17		1:37:07	
30.	325	MELISSA DAVIS	37	SILVER SPRING MD	32	24:38	5:35	27	29:00	1:40	26	36:17		1:37:07	
31.	166	JANE AVILA	37	ALEXANDRIA VA										1:38:22	
32.	819	MELANIE ROGERS	36	FAIRFAX VA	25	23:17	4:34	31	32:26	2:08	33	42:20		1:44:43	
33.	389	ELIZABETH FARASY	39	DENVER CO	30	24:10	5:03	32	33:30	3:13	31	40:11		1:46:05	
34.	525	CHRISTINE IMBURGIA	36	WILMINGTON DE	34	25:44	4:49	33	39:46	2:34	32	40:27		1:53:19	
35.	172	DANIELLE BALLENTINE KEITH	37	LEHIGHTON PA	35	26:50	4:14	30	31:20	6:24	34	52:13		2:00:59	
36.	295	CHRISTY COOPER	35	ARLINGTON VA	9	18:33									

FEMALE AGE GROUP: 40 - 44 (90)

Place	Bib	NAME	Ag	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	TIME	DQ
1.	5	PAIGE BAUMAN	41	ANNAPOLIS MD										1:10:21	
2.	1014	MARTHA WILSON	44	ANDOVER MA	9	18:44	3:13	5	23:49	0:52	2	26:54		1:13:30	
3.	32	MARY BETH EVANS	42	REHOBOTH DE	12	19:15	1:09	6	24:11	1:21	3	27:43		1:13:37	
4.	107	JENNIFER SCHWALM	41	MECHANICSBURG PA	6	18:34	1:52	2	23:06	1:10	12	31:49		1:16:29	
5.	716	THERESA MYERS	43	CATONSVILLE MD	20	22:03	3:20	30	48:05	2:12	1	1:24		1:17:01	
6.	917	MACKY STAFFORD	40	BALTIMORE MD	11	19:04	3:22	3	23:17	2:37	6	28:43		1:17:01	
7.	48	AMY GRAZIANO	42	EDGEWATER MD	3	17:23	1:21	10	24:53	1:58	13	32:04		1:17:37	
8.	398	SUZIE FISCH	40	TOWSON MD	1	13:51	1:54	7	24:12	2:02	24	35:52		1:17:50	
9.	892	CAROL ANN SMALLWOOD	44	ARLINGTON VA	5	18:20	4:04	19	26:26	1:31	4	28:07		1:18:26	
10.	719	SANDRA NARDI	42	DAMASCUS MD	7	18:37	2:29	4	23:19	1:02	19	33:48		1:19:14	
11.	673	LYNNE MCTAGUE	43	WEST HARRISON NY	4	18:16	2:43	22	27:28	0:56	8	30:01		1:19:22	
12.	760	MARY KAY PALMER	42	ARLINGTON VA	13	19:30	2:55	20	26:30	0:58	10	31:20		1:21:11	
13.	412	JEN FRITSCH	41	TOWSON MD	24	23:40	3:01	14	25:41	1:31	5	28:11		1:22:02	
14.	480	KIMBERLY HESSONG	41	FREDERICK MD	10	18:52	5:27	13	25:20	2:46	7	30:00		1:22:24	
15.	70	KATIE MACFARLANE	43	WASHINGTON DC	15	20:10	2:44	1	22:59	2:00	23	35:29		1:23:20	
16.	488	MELISSA HINTON-TYLER	41	LEESBURG VA	19	21:57	3:44	15	25:41	1:57	11	31:43		1:24:59	
17.	309	KATHY CROWLEY	40	RIVA MD	14	19:59	3:52	18	26:15	1:25	20	34:19		1:25:49	
18.	967	KIM TRUITT	42	RESTON VA	8	18:41	3:29	21	27:18	1:46	21	35:11		1:26:24	
19.	289	LAURINE CONNORS	43	EDGEWATER MD	17	21:29	1:40	12	25:12	1:52	25	36:13		1:26:25	
20.	886	KATHLEEN SIMON	42	SEVERNA PARK MD	16	20:47	2:57	26	29:26	0:48	15	32:54		1:26:49	
21.	651	JACQUELINE MATROSIC	40	BALTIMORE MD	18	21:51	4:26	11	25:07	2:37	17	33:31		1:27:30	
22.	316	CARRI DAIKER	44	HEDGESVILLE WV	22	22:58	4:02	16	25:44	1:17	18	33:39		1:27:39	
23.	501	LUANNE HOUCK	43	FREDERICK MD	29	27:29	4:15	9	24:32	2:30	9	30:04		1:28:48	
24.	804	JENNIFER RENTCH	42	WASHINGTON DC	2	17:07	2:49	29	35:19	1:23	14	32:38		1:29:14	
25.	560	BETH KAWECKI	40	ANNAPOLIS MA	23	23:13	4:49	17	26:12	1:58	16	33:11		1:29:22	
26.	159	HALIMA AQUINO	42	BALTIMORE MD	30	28:26	3:07	8	24:29	2:35	27	36:40		1:35:15	
27.	745	PATTY OAKLEY	44	URBANA MD	26	24:52	4:42	27	29:56	1:49	22	35:12		1:36:29	
28.	496	ROBIN HOLT	43	MARYDEL MD	27	25:32	2:32	28	31:04	1:14	26	36:15		1:36:35	
29.	212	JANET BOSTWICK	40	TIMONIUM MD	28	25:42	4:07	23	28:06	2:42	28	38:53		1:39:28	
30.	920	MISSY STEELE	41	GRASONVILLE MD	21	22:44	3:43	24	28:42	2:37	30	41:50		1:39:34	
31.	539	JENNIFER JENNINGS	43	TRACEYS LANDING MD	25	23:59	4:24	25	29:08	3:06	29	41:00		1:41:34	

FEMALE AGE GROUP: 45 - 49 (90)

Place	Bib	NAME	Ag	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	TIME	DQ
1.	1091	TINA NIGH-JOHNSON	45	LEWES DE	1	16:15	1:45	3	22:21	1:04	3	27:35		1:08:58	
2.	110	THERESA SHANK	47	WAYNESBORO PA	6	19:19	1:38	2	22:13	1:44	1	25:28		1:10:19	
3.	223	GAYLE BREMER	48	SEVERNA PARK MD	2	17:31	1:10	10	25:03	1:38	9	31:12		1:16:33	
4.	285	CATHERINE M. CONGER	45	WASHINGTON DC	10	20:42	1:54	5	23:29	2:11	5	28:29		1:16:43	
5.	167	ELIZABETH AZRAEL	46	BALTIMORE MD	13	21:47	2:11	8	24:38	2:04	2	27:34		1:18:11	
6.	984	MARIE VISVIKIS	47	ESSEX MD	11	21:02	4:06	1	22:11	2:10	6	29:30		1:18:58	
7.	63	CHRISTINE KLEIN	47	ARLINGTON VA	9	20:36	1:47	7	24:07	2:05	11	32:33		1:21:06	
8.	942	JACKI SZIMANSKI	45	BALTIMORE MD	5	18:45	4:44	13	26:42	1:51	8	30:17		1:22:17	
9.	250	TWIG BURTON	45	REHOBOTH BEACH DE	4	18:17	3:54	15	27:36	1:41	12	34:13		1:25:40	
10.	735	MICHELLE NEWKIRK	45	CENTREVILLE VA	16	23:35	6:30	6	23:55	2:09	7	29:57		1:26:04	
11.	191	KAREN BENNETT	48	RESTON VA	18	26:10	3:24	17	28:04	0:55	4	27:57		1:26:29	
12.	724	SHARON NAYFACK	48	ROCKVILLE MD	3	17:35	5:36	4	22:27	4:29	13	37:20		1:27:24	
13.	64	SEPI KNOBLE	47	ROSE VALLEY PA	15	22:37	1:36	9	24:57	1:45	15	40:27		1:31:20	
14.	598	MARTINA LAVRISHA	45	VIENNA VA	19	27:21	3:32	14	27:32	1:12	10	32:00		1:31:36	
15.	869	BETH SEDLAR	45	INWOOD WV	17	23:53	3:05	12	25:56	2:01	14	37:44		1:32:37	
16.	116	SUSAN SOMERSALL	45	LEESBURG VA	12	21:18	1:57	11	25:43	2:11	17	41:50		1:32:57	
17.	436	REBECCA GRAHAM	48	ANNAPOLIS MD	7	19:31	2:46	18	28:43	1:14	16	40:50		1:33:02	
18.	759	LAURA PALGUTA	46	ARLINGTON VA	8	20:13	3:30	19	29:09	1:12	18	42:12		1:36:13	
19.	36	SHERRI FELDMAN	46	OWINGS MILLS MD	14	22:24	2:46	16	27:47	2:39	19	42:38		1:38:12	

FEMALE AGE GROUP: 50 - 54 (90)

Place	Bib	NAME	Ag	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	TIME	DQ
1.	45	JUSTINE GOODMAN	54	RESTON VA	2	19:42	2:10	2	24:08	2:06	2	31:16		1:19:19	
2.	481	LINDA HESTVIK	52	ALEXANDRIA VA	3	20:06	2:01	3	25:43	2:07	3	34:35		1:24:29	
3.	53	JUDITH HUDSON	54	WESTFIELD NJ	4	23:17	1:31	4	28:16	1:35	1	30:13		1:24:50	
4.	824	SHARON HESTVIK	50	ARLINGTON VA	1	18:38	4:30	1	23:13	3:34	7	51:33		1:41:26	
5.	216	ELAINE BOWSER	51	FOREST HILL MD	6	31:11	3:42	5	28:19	2:21	4	37:50		1:43:20	
6.	867	TRACY SCHWARTZ	52	POTOMAC MD	5	25:43	8:04	6	32:49	2:16	5	40:33		1:49:24	
7.	693	REGINA MILLER	54	BOWIE MD	7	38:53	7:03	7	34:58	2:17	6	44:24		2:07:33	
8.	351	SUSAN DOLINKA	50	COLUMBA MD											

FEMALE AGE GROUP: 55 - 59 (90)

Place	Bib	NAME	Ag	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	TIME	DQ
1.	854	DANA SCHEURER	58	RESTON VA	1	19:07	3:49	1	22:01	1:37	1	28:29		1:15:01	
2.	115	SUSAN SMITH	57	WINSTON-SALEM NC	2	21:29	2:39	2	22:43	1:58	2	37:28		1:26:16	

FEMALE AGE GROUP: 60 - 64 (** NONE **)

FEMALE AGE GROUP: 65 - 69 (** NONE **)

FEMALE AGE GROUP: 70 - 74 (** NONE **)

FEMALE AGE GROUP: 75 - 79 (** NONE **)-----

FEMALE AGE GROUP: 80 - 84 (** NONE **)-----

FEMALE AGE GROUP: 85 - 99 (** NONE **)-----